

# THE BAY LASER AND BEAUTY CLINIC



Celebrating 23 years on Colwyn Bay Highstreet

## Why choose us?

- Over 30 years experience, knowledge and care
- Innovative bespoke treatments
- Award winning Lumina Q Switch Lynton Laser
- Registered and Inspected by The Health Care Inspectorate of Wales

### Contact Us:

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28 Conway Road, Colwyn Bay, LL29 7HT

[www.thebayclinic-colwynbay.co.uk](http://www.thebayclinic-colwynbay.co.uk)

[cathatthebay@aol.com](mailto:cathatthebay@aol.com)



# ABOUT US...



## Fern Jones, Catherine Green, Sarah Row and Stephanie Harasym

We are a small friendly team in Colwyn Bay with over 30 years experience. Specialising in laser treatments, advanced cosmetic procedures, slimming and specialist facials, as well as all aspects of beauty.

We are open 5 days a week with late night bookings available, we offer a loyalty card scheme to reward you for your loyalty with us and gift vouchers are available on request.

We are happy to discuss your treatment requirements and answer any questions you may have regarding our treatments within a consultation appointment.

A consultation fee of £45 payable at the time of booking is required to secure your appointment time.

We ask that all clients aim to arrive at least 5 minutes prior to their appointment. Late arrival may mean we need to amend/reschedule your appointment. Full payment will be required.

We politely request that all course bookings are utilised within 12 months of purchase date, after which will no longer be valid.

Please note we also have a strict 6 month expiry date for gift vouchers.

### Cancellation Policy

In order for us to provide an efficient service, we may request a non-refundable deposit to secure your booking.

When insufficient notice is given to cancel an appointment or due to non attendance, we reserve the right to request full payment in advance to secure any further bookings.

We request that all children under the age of 16 are supervised by an adult.

Children are not allowed in the laser room.

# Permanent Hair Removal

## Electrolysis - Permanent removal of unwanted hair

Electrolysis utilizing the blend method, a combination of heat and chemical electrolysis to reduce and destroy unwanted hair growth. We use sterile needles for every treatment. Suitable for all skins types and hair colours.

10 minutes £37.00	x 10 £333.00
20 minutes £47.00	x 10 £423.00
30 minutes £67.00	x 10 £603.00



Courses of 10 purchased include 10% discount

## Laser Hair Removal

You can rest assured knowing you will receive an effective treatment with us.

Using the award winning Lynton laser with over 20 years experience, we can treat actively growing hairs with a short pulse of intense pulsed light laser. The light energy heats the pigment and effectively destroys the hair follicle.

Best results are often achieved with clients who have fair skin and dark hair.

We recommend at least 8 sessions every 4-8 weeks.

	1 Treatment	Course of 4 (10% discount)	Course of 8 (20% discount)
Upper Lip/Chin/Eyebrows	£75	£270	£480
Chin and Neck	£140	£504	£896
Underarms	£120	£432	£768
Breasts/Abdomen	£115	£414	£736
Bikini Line	£130	£468	£832
Brazilian Bikini	£165	£594	£1320
Full Hollywood Bikini	£200	£720	£1280
Half Legs	£250	£900	£1600
Full Legs	£480	£1728	£3072
Forearm	£230	£828	£1472
Full Arm	£400	£1440	£704
Beard Line	£110	£396	£704
Hair Line	£110	£396	£2560
Full Beard	£260	£936	£1664
Shoulders	£210	£756	£1344
Full Back	£340	£1224	£2176
Full Back and Shoulders	£440	£1584	£2816
Chest	£440	£1584	£2816

Consultation and patch test required prior to treatment

30 minutes

£45\*



# Laser Solutions

## Consultation Procedure

Prior to any laser treatment your qualified laser specialist will provide a full consultation, which identifies your expectations and provides a complete explanation of your treatment. Medical history is taken to confirm your suitability for treatment and if you wish to proceed, a written informed consent is obtained and a test patch is performed to confirm that there are no adverse reactions to the light.

**Consultation and test patch**  
**30 minutes £45 \*payable at time of booking**

### **Thread Vein, Rosacea and Redness Reduction Treatment**

Reduce overall facial redness and reduce blushing. Be rid of embarrassing broken veins or red spots. Have a clearer, fresher, brighter looking skin, using laser light to heat the vessels to a point where they are destroyed.

**From £120**

### **Leg Thread Veins**

We can treat fine and large leg thread veins between 1-3mm in size. Using the laser light to heat the vessels to a point where they are destroyed, leaving them to disperse back into the body leaving you with clearer skin and a more confident you again.

**From £120**

### **Tattoo Removal**

Do you have a tattoo you regret? Or wish to fade down your tattoo for a cover up or need it removing to pursue your career? A medically approved method using our Q switch Laser to break down the ink particles to work with your immune system to disperse the ink over a series of treatments.

**From £65**

**Pricing guidelines up to and including 5cm x 5cm From £65**

**7cm x 7cm From £85, 9cm x 9cm From £110**

**The above listed parameters prices on quotation. Based on black ink tattoo, colour prices may vary.**

### **Semi Permanent Makeup and Micro Blading Removal**

Q Switched Lasers are considered by dermatologists to be the most effective, safe and reliable way to remove/reduce unwanted semi permanent cosmetic makeup.

**From £110**

### **Pigmentation Removal**

You want a more even skin tone? Want to reduce areas of excess freckling? You want to target a specific age spot?

The rapid absorption of the light energy heats the melanin and causes the destruction of the melanin rich cells. We will advise skin care for you to keep pigmentation to a minimum after treatment and for better skin health.

We can treat face, neck, chest and hands.

**From £120**

# Skin Solutions

## **Advanced Cosmetic Procedures**

We can remove moles, skin tags, seborrhoeic warts, blood spots, milia and broken capillaries using short wave diathermy to neatly cauterize the lesions, leaving little to no trace they were ever there.

Consultation is required prior to treatment to discuss medical history, suitability and to discuss prices.

**Consultation £45**

**Treatment prices from £150**

### **Laser IllumiFacial®**

The ultimate facial in turning back time, we combine a chemical peel with Intense pulsed light or Laser to target sun damaged skin such as pigmentation, broken capillaries and dull, dry, tired skin.

We are aiming to reduce the pigmentation and broken veins and encouraging collagen and elastin production resulting in a clearer more even skin tone and texture. Leaving you with a more uniform, youthful complexion, skin becomes firmer, appears more radiant and enlarged pores are reduced.

**£300 Course of 6 recommended - treatment every 2-4 weeks.**

**Course of 6 £1530 (15% discount)**

### **Laser Acne Blast**

We combine an individual home care programme with a chemical peel and Intense pulsed light therapy treatment that directly targets overactive sebaceous glands. Reducing the number of active spots and blockages, lessening the inflammation and occurrence of breakouts and also encourages healing.

Resulting in time clearer, calmer skin. **For active acne and acne scarring on face, neck, chest or back areas.**

**Course of 6 recommended- treatment every 2-4 weeks.**

**Prices start from £160.**



### **Laser Fungal Nail Treatment**

An effective treatment to destroy fungal nail infections for hands and feet. Light is absorbed by the water in the skin under and around the nail creating heat to destroy and eliminate the fungal infection over a series of treatments. We treat all nails to ensure full elimination of the fungal infection and provide homecare for maximum effect.

**Single Session £165 Course of 4 £594**

**Recommended every 3 weeks for best results.**

### **Laser Plantar Verrucae and Wart Removal**

Long pulsed laser treatment uses a deep penetrating beam of light to create an intense heating sensation, helping to destroy wart and verruca tissue.

**From £160**

# Signature Facial Treatments

## Re Sculpting and Lifting Facial by LPG endermologie®

Restore firmness and re-awaken the skin's natural elastic memory with this relaxing, re contouring and re plumping treatment. Using Bio mechanical massage with powerful results as of the first session, with wrinkles smoothed by up to 87%, x 2 more radiant complexion and firmer skin by up to 70%.

**60 Minutes £85**

**Course of 10 recommended £765**

## Genie Mediwave Non-Surgical Facelift

Using electrical impulses to re-educate the muscles back to their original position combined with micro-current which has healing properties allowing natural production of protein synthesis (elasticity of the skin) and Fibroblast activity (collagen production) giving the skin a firmer, smoother, healthier look, reducing fine lines and wrinkles and resulting in lifting to the face and neck.

**60 Minutes £85**

**Course of 10 £765**

## Age Renew Combination Facial

Combining the powerful Genie Take 10 non surgical face lift with the super collagen boosting LPG® bio mechanical Lift Massage for your ultimate anti ageing boost.

**75 Minutes £150**



## PRIORI Hydrating Peel

Using medical skincare to achieve the ultimate skin rejuvenation, peeling away the old and revealing the new, resulting in fresher, tighter, clearer skin. Relax and lose yourself in a wealth of massage plus unique innovative skincare results. Your skin will feel re awakened, your mind de stressed and feeling fresher than ever. The ultimate indulgence.

**60 Minutes £85 Book a course of 6 and get 1 free £510**

## PRIORI Superceutical Advanced Peel

Unwrap your skin's true potential. This advanced, intensive monthly peel provides age defying improvements with noticeable results and minimal downtime. Intensively exfoliates, plumps and volumises the appearance of your skin, leaving it radiant and visibly smoother.

**60 Minutes £95 Book a course of 6 and get 1 free £570**

## Radiant Glow Combination Facial

A combination of individually programmed LPG endermolift with a deep cleansing skin peel for an intensive boost, focusing on your unique skin concerns, targeting the areas you require, leaving your skin feeling silky smooth and looking plumper and fresher than ever.

**60 minutes £130**

# Skin Care and Signature Facials

**Our skin is the largest organ on the body and we only get one skin so to keep it looking at it's best we must do all we can to look after it. Prevention is better than cure always. Daily skincare is vital for keeping youthful, healthy skin. Skin ageing is a natural process, and begins as early as your 20s, as this is when your body slows its collagen and elastin production, which are responsible for our plumpness, strength and shape.**

**We are very passionate about skin and have over 20 years experience working with a wide range of skin care products that will help with a variety of skin concerns and promote long term skin health. These are products we use professionally and stock for retail for continued daily use at home. We can prescribe the correct products for your individual skin type and concern.**

**PRIORI advanced medical range  
INIKA Organic Make up and skincare  
Australian Bodycare  
Lynton Skincare**



## LED Photo Therapy Treatment

Combining well known powerful healing benefits of red light and near infra red light that refines, brightens and rejuvenates, with infusions of our key actives. A comforting facial with immediate results for all skin types. Especially good for acne, rosacea and ageing skins.

**1 Hour £85**

## Deep Cleansing and Rebalancing Galvanic Facial

Combining the deep cleansing actions of Galvanic Desincrustation, calming Iontophoresis, germicidal, toning and refining effects of high frequency producing ozone resulting in a clearer, smoother, deeply cleansed skin. Ideal for the removal of blackheads, spots and milia.

**1 Hour £85**

## Inika Organic Enzyme Peel

Relax and unwind whilst nourishing your skin with our organic range formulated with powerful botanicals.

**1 Hour £85**

## Express 30 minute Introductory Facial

If you are unsure what you need or short for time, don't lose out, try our express facial for a quick refresh for your skin and we can help advise you on further treatment.

**30 Minutes £55**

## Acne Calm Combination Facial

Combining a deep cleansing skin peel, led phototherapy and high frequency to calm, soothe and reduce inflammation. Ideal for congested skin, oily or upset skin types.

**75 Minutes £110**



# LASHES, BROWS AND WAXING

Brow Tint	£18
Brow Shape and Tint	£26
Lash tint	£25
Lash and Brow Tint	£38
Lash and Brow Tint and Shape	£48
Brow Lamination including Tint	£45
Lash Lift and Tint	£60
Lash Lift and Brow Lamination	£95



(Skin Test required 24 hours before for all tinting and lifting)

Eyebrows/Lip/Chin	£12.50 each
Underarms	£20
1/2 Leg	£35
3/4 Leg	£40
Full Leg	£50
Bikini Line	£27
High Bikini Line	£37
Brazilian	£47
Hollywood	£57
Forearm/Full Arm	£35/£45
Abdomen	£27
Chest/Back	£60



**We offer a discount on the following combined waxing treatments**

Eyebrow, Lip and Chin	£35
Lip and Chin	£22.50
Chin and Neck	£20
1/2 Leg and Underarm	£48
1/2 Leg and Bikini Line	£55
Full Leg and Bikini Line	£68
1/2 Leg and Brazilian	£75
Full Leg and Brazilian	£87
1/2 Leg and Hollywood	£82
Full Leg and Hollywood	£95
Chest and Back	£100



# Hands and Feet

<b>Manicure</b>	£30
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Nail tidy, cuticle care, hand massage and varnish finish.

<b>Gel Polish Hands or Feet</b>	£35
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Hard Wearing, Long Lasting Artistic Colour Gloss Gel polish, with a huge range of colours to choose from.

<b>IBX Nail Repair and Conditioning Treatment</b>	£25
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An innovative fortifying treatment, designed to strengthen, smooth and repair nails. Can be applied as a stand alone treatment or added to another nail service.

<b>Signature Pedicure</b>	£50
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Your feet will be soaked in a foot spa to soften your skin and nails, hard skin removal, exfoliation, nourishing mask, nails and cuticles tidied, relaxing foot massage. Varnish finish of your choice included if you wish.

<b>The Bay Deluxe Pedicure</b>	£60
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All the benefits of our signature pedicure, with the addition of a deep exfoliating acid peel to help achieve smoother skin and prevent callouses. Varnish finish included.

<b>Gel Polish Removal</b>	£20
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We gently buff your nails to break the seal of the gel, they are then wrapped with gel remover and foil until they loosen, the gel is then gently scraped away. Finishing with the application of dadi oil and dadi lotion to nourish and condition.



# Body Solutions

## LipoMassage by Endermologie®

This non invasive treatment has been scientifically proven to reduce unwanted stubborn fat and smooth out cellulite. The treatment works by re activating lipolysis (the process of breaking down fats and other lipids) by mechanically stimulating the skin to break down fat and imperfections.

A course of 10 is recommended at the rate of 2 a week.

The remarkable results with this method can be objectified by taking photos before and after treatment.

**£65 per session**  
**Course of 10 £585**

## Genie Slim Tone

Using a unique body hub which pulses electronic waves strategically into the muscle, causing it to contract similarly to exercise. The toned muscles therefore create a more toned, contoured and shaped treatment area. **One treatment on the stomach is equivalent to 360 sit ups.**

Excellent for body reshaping and slimming, muscle toning, tightening and cellulite reduction.

**30 Minutes £65**  
**Course of 10 £585**

## LPG Medical Endermologie®

You don't have to live with pain...Alternative Pain Relief using completely natural, non invasive, FDA cleared technology to improve the symptoms of several conditions including the following:

**Back and Neck Pain,**

**Muscular Pain or Tension,**

**Muscle Spasms,**

**Joint Pain,**

**Arthritis**

**Mobility Issues,**

**Scar Tissue,**

**Lymphedema,**

**Fibromyalgia,**

**Endometriosis and more.**

**£45-£65 per session**



Scar

Before and After LPG Endermologie®

## Full Body Exfoliation and Tan

Exfoliation to remove dead skin cells before application of moisturiser resulting in silky smooth skin and the perfect prep pre tan application. We then manually apply a cream tan to give a beautiful, even and streak free tan.. Ideal pre-holiday, pre event treatment for an even tan, or as a pick me up to refresh skin.

**Full Body £50**  
**Half Body £35**



# Relax Completely

## Deep Tissue Massage

Take some time out to ease aching muscles, alleviate stress and revive your senses.

We will tailor each massage to suit and target specific muscles that need treating.

**30 Minutes £55**

**1 Hour £85**

## Hot Stone Therapy Massage

A very effective massage using heated black basalt stones that help to melt the muscles and relax the body at its deepest level, creating harmony and positive energy flow.

**30 Minutes £70**

**1 Hour £100**

## Essential Calm

Indulgent back exfoliation with hot towels and a tailored massage to your specific needs followed by a prescriptive facial again tailored to your concerns. Includes face and neck massage and scalp massage.

**75 Minutes £105**

## Pregnancy Massage

Relieve stresses and strains, heavy legs and an aching back with this all over body treatment. Includes relaxing and rejuvenating full scalp and facial massage.

**1 Hour £85**

## Reflexology

Unique system of foot massage based on holistic principles, arising from the same Chinese roots as acupuncture. By local massaging of the reflexology points, we can redress the imbalance of energy which can cause stress and ill health.

**45 Minutes £60**

## Hopi Ear Candling

Relaxing treatment to aid the relief of congestion, sinus problems and migraine. Head massage included.

**45 Minutes £48**

Gift Vouchers are available all year round.

The perfect gift...Available to purchase online or from reception for any treatment, package or any amount required.



# HOURS OF BUSINESS

TUESDAY	9.00 - 7.30PM
WEDNESDAY	9.00 - 5.00PM
THURSDAY	9.00 - 7.30PM
FRIDAY	9.00 - 5.30PM
SATURDAY	9.00 - 3.30PM



## Our Team

### **Catherine Green**

**C.I.D.E.S.C.O. BABTAC Member**

Proprietor / Advanced Laser and Beauty Therapist /  
Specialist Electrologist

### **Fern Jones**

Advanced Laser and Beauty Therapist/  
Specialist Electrologist  
NVQ Level 3

### **Sarah Row**


Advanced Laser and Beauty Therapist/  
Specialist Electrologist  
NVQ Level 3


### **Stephanie Harasym**

Laser and Beauty Therapist/Electrologist  
NVQ Level 3

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